



# menus of the world

## a visit to Thailand

Thai cuisine blends five fundamental tastes: sweet, spicy, sour, bitter and salty. Some common ingredients used in Thai cuisine include garlic, chillies, lime juice, lemon grass, and fish sauce. The staple food in Thailand is rice, particularly jasmine variety rice (also known as Hom Mali rice) which is included in almost every meal. Thailand is the world's largest exporter of rice, and Thais domestically consume over 100 kg of milled rice per person per year.[59] Over 5000 varieties of rice from Thailand are preserved in the rice gene bank of the International Rice Research Institute (IRRI), based in the Philippines. The king of Thailand is the official patron of IRRI.[60]



[http://www.mapblast.com/\(qiegg1452qiyqv314wp3ju55\)/map.aspx?C=15.22896%2c101.1&L=WLD&A=8000&PN=110282789&S=405%2c320&P=le3l&TI=Thailand%2c+Asia](http://www.mapblast.com/(qiegg1452qiyqv314wp3ju55)/map.aspx?C=15.22896%2c101.1&L=WLD&A=8000&PN=110282789&S=405%2c320&P=le3l&TI=Thailand%2c+Asia)

### FRIDAY

### APRIL 30, 2010 @ 4

Thai Coconut Chicken Soup  
Bamboo Shoot Salad  
Thai Curry Mussels  
Green Curry Chicken & Rice  
Pad Thai with Chicken & Shrimp  
Thai Sweet-and-Sour Pork  
Bunuelos  
(Thai-inspired Doughnuts)

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The traditional Thai greeting, the wai, is generally offered first by the younger of the two people meeting, with their hands pressed together, fingertips pointing upwards as the head is bowed to touch their face to the hands, usually coinciding with the spoken word "Sawasdee khrap" for male speakers, and "Sawasdee ka" for females. The elder then is to respond afterwards in the same way. Social status and position, such as in government, will also have an influence on who performs the wai first. For example, although one may be considerably older than a provincial governor, when meeting it is usually the visitor who pays respect first. When children leave to go to school, they are taught to wai to their parents to represent their respect for them. They do the same when they come back. The wai is a sign of respect and reverence for another, similar to the namaste greeting of India and Nepal.

<http://en.wikipedia.org/wiki/Thailand#Culture>

